

September 2026

Cottage

ACTIVITY CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Fitness Center with Lila is open Monday through Friday 9:00a to 12:00p The Calendar is subject to change. Please check your unit whiteboards for daily activity schedule.	YOU MUST REGISTER ONLINE AT https://noblehorizons.org/events FOR ALL PROGRAMS IN RED	1 10:30 Tai-Chi – CR 10:30 Personal Pampering – Wick Rm 2:00 Music & Yoga Ball Games – Wick Rm 3:15 Creative Coloring & Aroma Therapy – Wick Rm 4:00 Library Visits	2 10:15 Catholic Communion Service with MaryEllen 10:30 Balance Class – CR 11:00 Hymn Sing with Deirdre 2:00 Ring Toss – Wick Patio 2:30 Golf Cart Rides – Wick Patio 3:15 Puzzles & Punch Group – Wick Rm	3 10:30 Chair Yoga – LC 10:30 Yoga Ball Kick Ball – Wick Rm 12:15 Dinner with Entertainer Shawn Taylor - RDR 2:00 Game Time – Wick Rm 5:00 Lime Rock Vintage Car Parade – Wag Ent	4 10:30 Flower Arranging – Wick Rm 2:00 Artist Jean Saliter's <i>Man One: Prints by Jean</i> Exhibit Opening & Art Talk – L3	5 10:30 Outdoor Enjoyment with Cindy – Wick Patio 2:00 Bingo - Wick Rm 3:00 After Bingo Social – Wick Rm 5:00 Music & Memory – Channel 420
6 9:00 Board Game Group – WAR 12:00 Catholic Mass - Channel 17 12:00 Man One Art Exhibit Opening – LC 3:00 Afternoon Matinee - Resident's Choice on Netflix 5:00 Music and Memory – Channel 434	7 Labor Day 10:30 Interactive Music with Bobby Trapp – Wick Rm 12:00 Labor Day Cook Out – RDR 2:00 Bingo – Wick Rm 3:15 Red White & Blu Parfait Social – Wick Patio	8 10:30 Tai-Chi – CR 10:30 Personal Pampering – Wick Rm 2:00 Outdoor Enjoyment & Corn Hole – Wick Patio 3:15 Reminiscing Conversations, Tea & Cookies – Wick Rm	9 10:00 Stretching & Breathing Exercises – Wick Patio 10:30 Balance Class – CR 11:15 Methodist Service with Anna Camphouse 2:00 Golf Cart Rides – Wick Patio 3:00 Catholic Mass with Father Fador 3:15 Aroma Therapy, Music, & Hand Massage – Wick Rm	10 10:30 Chair Yoga – LC 10:30 Simon Says Let's Exercise - Wick Rm 11:30 Hidden in Plain Sight AC Puzzles – Wick Rm 12:00 Yoga Lunch & Learn – CR 2:00 Painting & Acoustic Guitar – LC 2:00 Left Right Center Game – Wick rm 3:15 Puzzle Group – Wick Rm	11 Rosh Hashanah 10:30 Pool Noodle Tennis – Wick Rm 11:00 Double Trouble & 70's Slang Word Puzzles – Wick Rm 2:00 Table Hockey – Wick Rm 3:15 Music & Memories Social – Wick Rm	12 10:30 Balloon Tennis with Josh – Wick Rm 2:00 Bingo - Wick Rm 3:00 Movie on Netflix – Wick Rm 5:00 Music & Memory – Channel 429
13 9:00 Board Game Group – WAR 12:00 Catholic Mass - Channel 17 2:00 Moving Art – Netflix 3:00 Afternoon Matinee - Resident's Choice on Netflix 5:00 Music and Memory – Channel 441	14 10:30 Interactive Music with Kara O'Neill - Chapel 2:00 Bingo – Wick Rm 3:15 Afternoon Social – Wick Rm	15 10:30 Tai-Chi – CR 10:30 Personal Pampering – Wick RM 11:30 Lunch & Learn with Alumni-CR 2:00 Wagner & Riga Resident Council Meeting – Wick Rm 3:15 Puzzles, Punch, & Aroma Therapy Group – Wick Rm	16 10:15 Catholic Communion Service with MaryEllen 10:30 Balance Class – CR 11:00 Scripture Circle with Danielle 3:30 Dinner at Norbrook Brewery & Farmer's Market – Wag Ent	17 10:30 Chair Yoga – LC 10:30 Yoga Ball Exercise Group – Wick Rm 1:30 Shopping at Walmart – Wag Ent 2:00 What Can AI Do For Me? – CR 2:00 Skippo Game – Wick Rm	18 10:30 Granny Pants Ball Toss – Wick Rm 2:30 Party Balloon Games – Wick Rm 3:15 Aroma Therapy & Creative Coloring – Wick Rm	19 10:00 Zumba – CR 10:30 Fun & Games with Sandi – Wick Patio 2:00 Bingo – CR 3:15 After Bingo Social – Wick Rm 5:00 Music & Memory – Channel 434

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
20 Yom Kippur 9:00 Board Game Group – WAR 12:00 Catholic Mass – Channel 17 2:00 Sophomores & Seniors Book group – CR 3:00 Afternoon Matinee - Resident's Choice on Netflix 5:00 Music and Memory – Channel 419	21 10:30 Music & Movement with Pamela - Chapel 2:00 Bingo – Wick Rm 3:15 Afternoon Social – Wick Rm 3:30 Resident Council Agenda Meeting – Wick Rm	22 10:30 Tai-Chi – CR 10:30 Le Petit Ranch Pet Therapy Visit with Sheep – Wick Rm 11:00 Lunch at red Lion Inn – Wag Ent 2:00 Personal Pampering – Wick Rm 2:30 Poetry Group – LC 3:15 Welcome Autumn Colored Trees Painting Project – Wick Rm	23 First Day of Fall 10:15 Catholic Communion Service with MaryEllen 10:30 Balance Class – CR 11:00 Prayer Service with Danielle 2:30 Monthly Birthday Party with Jeffery Folmer – CR	24 10:30 Chair Yoga – LC 1:00 Out Trip Sharon Playhouse – Wag Ent 2:00 Art & Acoustic Guitar – LC 2:00 Baking Apple Pies – Wick Rm 3:30 Bulletin Board Decorating for Fall – Wick Rm	25 10:30 Whole Brain Health Exercise Program: YouTube – Wick Rm 11:00 White Board Word Games – Wick Rm 2:00 Outdoor Enjoyment & Horseshoes – Wick Patio 3:15 Homemade Apple Pie Social - Wick Rm	26 10:00 Zumba – CR 10:30 Balloon Tennis with Josh – Wick Rm 2:00 Bingo with Josh - Wick Rm 3:00 Movie on Netflix – Wick Rm 5:00 Music & Memory – Channel 430
27 9:00 Board Game Group – WAR 12:00 Catholic Mass – Channel 17 2:00 Moving Art – Netflix 3:00 Afternoon Matinee - Resident's Choice on Netflix 5:00 Music and Memory – Channel 420	28 10:30 Interactive Music with Lisa Pelligrino - Chapel 2:00 Bingo – Wick Rm 3:15 Afternoon Social - Wick Rm	29 10:30 Tai-Chi – CR 10:30 Personal Pampering – Wick Rm 2:00 Party Balloon Games – Wick Rm 2:30 70's Pictionary Game – Wick Rm 2:30 Poetry Group – LC 3:15 Aroma Therapy & Old Time Radio Sing Alongs – Wick Rm	30 10:15 Catholic Communion Service with MaryEllen 10:30 Balance Class – CR 11:00 Episcopal Communion with Johan Johnson 12:15 Laughter Luncheon with Brian Hoff – RDR 2:30 Music & Hand Massage with Norma 3:15 Nature Program on Netflix – Wick Rm	Every Thursday at 2:00 Mahjong in the Community Room Noble Knitters meets every Friday except the last of the month in the Cobble Living Room	CK – Cobble Kitchen CR – Community Room CLR – Cobble Living Room Club – Clubhouse LC – Learning Center PDR – Private Dining Room	RDR – Riga Dining Room Wag Ent – Wagner Entrance WAR – Wagner Activity Room Wick Rm – Wickman Room Wick Patio – Wickman Room Patio