

# JANUARY 2025

# ACTIVITY CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>CK</b> – Cobble Kitchen <b>CR</b> – Community Room <b>CLR</b> – Cobble Living Room <b>Club</b> – Clubhouse <b>L3</b> – Learning Center <b>RDR</b> – Riga Dining Room <b>Wag Ent</b> – Wagner Entrance	<b>Wag Ent</b> – Wagner Entrance <b>WAR</b> – Wagner Activity Room <b>Wick Rm</b> – Wickman Room <b>Wick Patio</b> – Wickman Room Patio		<sup>1</sup> <b>New Year's Day</b> 9:00 - 12:00 Fitness Center with Lila 10:30 New Year's White Board Word Games & Resolutions – <b>Wick Rm</b> 2:00 New Year's Social & Sharing Resolutions – <b>Wick Rm</b> 3:00 Afternoon Movie Resident's Choice – <b>Wick Rm</b>	<sup>2</sup> 9:00-12:00 Fitness Center with Lila 10:15 Catholic Communion Service with Maryellen 11:00 Episcopal Service with Heidi Truax 2:00 Board Decorating – <b>Wick Rm/WAR</b> 2:00 Mahjong - <b>CR</b> 3:30 One to One Time & Library Visits	<sup>3</sup> 9:00 - 12:00 Fitness 10:30 Chair Zumba – <b>CR</b> 10:30 This or That Ball Toss – <b>Wick Rm</b> 11:00 Simon Says – <b>Wick Rm</b> 2:00 Good News Network – <b>Wick Rm</b> 3:30 Social & Sweet Treats – <b>Wick Rm</b>	<sup>4</sup> 10:00 Zumba – <b>CR</b> 10:30 Balloon Tennis with Josh – <b>Wick Rm</b> 2:00 Bingo - <b>Wick Rm</b> 3:00 Movie on Netflix – <b>Wick Rm</b> 5:00 Music and Memory – <b>Channel 434</b>
<sup>5</sup> 10:00 Puzzles with CNA – <b>Wick Rm</b> 12:00 Catholic Mass - <b>Channel 17</b> 2:00 Moving Art - Netflix – <b>Wick Rm</b> 3:00 Afternoon Matinee – Resident's Choice – <b>Wick Rm</b>	<sup>6</sup> 9:00 - 12:00 Fitness Center with Lila 10:30 Interactive Music with Richard Dagenais – <b>Wick Rm</b> 2:00 Bingo – <b>CR</b> 3:15 Social – <b>Clubhouse</b>	<sup>7</sup> 9:00 - 12:00 Fitness Center with Lila 10:00 Stretching & ROM – <b>Wick Rm</b> 10:30 Personal Pampering – <b>Wick Rm</b> 2:00 Wagner/Riga Resident Council Meeting - <b>Chapel</b> 3:00 One to One Time	<sup>8</sup> 9:00 - 12:00 Fitness Center with Lila 10:30 Catholic Mass with Father Dennis 11:15 Methodist Service with Anna Camphouse 2:00 Scoville Library's E-Source Program - <b>Chapel</b> 2:30 Music & Massage with Norma – <b>Wick Rm</b> 3:30 Sensory Stim Games with Rec Team – <b>Wick Rm</b>	<sup>9</sup> 9:00-12:00 Fitness Center with Lila 10:30 Flower Arranging – <b>Wick Rm</b> 2:00 Balloon Tennis – <b>Wick Rm</b> 2:00 Mahjong - <b>CR</b> 2:30 Card Games – <b>Wick Rm/WAR</b> 3:30 One to One Time & Library Visits	<sup>10</sup> 9:00 - 12:00 Fitness 10:30 Yoga Kickball – <b>Wick Rm</b> 11:00 Fairytales & Fables – <b>Wick Rm</b> 2:00 Noble Knitters – <b>CLR</b> 2:00 Dear Abby's Topics for Today – <b>Wick Rm</b> 2:30 Music and Hand Massage with Norma 3:30 Social & Sweet Treats – <b>Wick Rm</b>	<sup>11</sup> 10:30 Balloon Tennis with Josh – <b>Wick Rm</b> 2:00 Bingo - <b>Wick Rm</b> 3:00 Movie on Netflix – <b>Wick Rm</b> 5:00 Music and Memory – <b>Channel 441</b>
<sup>12</sup> 10:30 Unitarian's Meeting – <b>CLR</b> 12:00 Catholic Mass - <b>Channel 17</b> 2:00 Moving Art - Netflix – <b>Wick Rm</b> 3:00 Afternoon Matinee – Resident's Choice – <b>Wick Rm</b>	<sup>13</sup> 9:00 - 12:00 Fitness Center with Lila 10:30 Interactive Music with Kara O'Neill – <b>Wick Rm</b> 2:00 Music & Hand Massage with Norma 2:00 Bingo – <b>CR</b> 3:15 Social – <b>Clubhouse</b>	<sup>14</sup> 9:00 - 12:00 Fitness Center with Lila 10:00 Stretching & ROM – <b>Wick Rm</b> 10:30 Personal Pampering – <b>Wick Rm</b> 2:00 Sheffield Singers – <b>Chapel</b> 3:00 One to One Time	<sup>15</sup> 9:00 - 12:00 Fitness Center with Lila 10:15 Catholic Communion Service with MaryEllen 11:00 Ecumenical Service with MaryEllen 2:00 Board Games – <b>Wick Rm</b> 3:30 Trivia & Hot Chocolate – <b>Wick Rm</b>	<sup>16</sup> 9:00 - 12:00 Fitness Center with Lila 10:30 Our Favorite Winter Things Collage – <b>Wick Rm</b> 2:00 Scrabble - <b>Wick Rm</b> 2:00 Mahjong - <b>CR</b> 3:30 One to One Time & Library Visits	<sup>17</sup> 9:00 - 12:00 Fitness 10:30 Chair Zumba – <b>CR</b> 10:30 Parachute Balloon Bounce – <b>Wick Rm</b> 2:00 Noble Knitters – <b>CLR</b> 2:00 Good News Network – <b>Wick Rm</b> 2:30 One to One Time with Norma 3:30 Social & Sweet Treats – <b>Wick Rm</b>	<sup>18</sup> 10:00 Zumba – <b>CR</b> 10:30 Balloon Tennis with Josh – <b>Wick Rm</b> 2:00 Bingo - <b>Wick Rm</b> 3:00 Movie on Netflix – <b>Wick Rm</b> 5:00 Music and Memory – <b>Channel 430</b>

# JANUARY 2025

# ACTIVITY CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
19	20	21	22	23	24	25
10:00 Puzzles with CNA – <b>Wick Rm</b> 12:00 Catholic Mass - <b>Channel 17</b> 2:00 Moving Art - Netflix – <b>Wick Rm</b> 3:00 Afternoon Matinee – Resident’s Choice – <b>Wick Rm</b>	<b>Martin Luther King Jr. Day</b> 9:00 - 12:00 Fitness Center with Lila 10:00 Remembering MLK Jr. Trivia – <b>Wick Rm</b> 11:00 Hotchkiss Students Concert - <b>CR</b> 2:00 Bingo – <b>CR</b> 3:15 Social – <b>Clubhouse</b> 3:00 Moving Art: Netflix – <b>Wick Rm</b>	9:00 - 12:00 Fitness Center with Lila 10:00 Stretching & ROM – <b>Wick Rm</b> 10:30 Personal Pampering – <b>Wick Rm</b> 2:00 The Billionaires’ Club Discussion Group & Hot Cocoa – <b>Wick Rm</b> 3:00 One to One Time	9:00 - 12:00 Fitness Center with Lila 10:15 Catholic Communion Service with MaryEllen 11:00 Congregational Service with Pastor Nelson 2:00 Winter Carnival Games – <b>Wick Rm</b>	9:00 - 12:00 Fitness Center with Lila 10:30 Flower Arranging – <b>Wick Rm</b> 2:00 Mahjong – <b>L3</b> 2:30 Monthly Birthday party with Entertainer Joel Blumert - <b>CR</b> 3:30 One to One Time & Library Visits	9:00 - 12:00 Fitness Center with Lila 10:30 Chair Zumba – <b>CR</b> 10:30 Stretching & ROM – <b>Wick Rm</b> 11:00 EZ Does It Trivia – <b>Wick Rm</b> 2:00 Noble Knitters – <b>CLR</b> 2:30 Music and Hand Massage with Norma 2:00 Pictionary – <b>Wick Rm</b> 3:30 Social & Sweet treat – <b>Wick Rm</b>	10:00 Zumba – <b>CR</b> 10:30 Balloon Tennis with Josh – <b>Wick Rm</b> 2:00 Bingo - <b>Wick Rm</b> 3:00 Movie on Netflix – <b>Wick Rm</b> 5:00 Music and Memory – <b>Channel 445</b>
26	27	28	29	30	31	
10:00 Puzzles with CNA – <b>Wick Rm</b> 12:00 Catholic Mass - <b>Channel 17</b> 2:00 Moving Art - Netflix – <b>Wick Rm</b> 3:00 Afternoon Matinee – Resident’s Choice – <b>Wick Rm</b>	9:00 - 12:00 Fitness Center with Lila 10:30 Interactive Music with Mary Menatti – <b>Wick Rm</b> 2:00 Bingo – <b>CR</b> 2:00 Music & Hand Massage with Norma 3:15 Social – <b>Clubhouse</b> 3:00 Moving Art: Netflix – <b>Wick Rm</b>	9:00 - 12:00 Fitness Center with Lila 10:00 Stretching & ROM – <b>Wick Rm</b> 10:30 Personal Pampering – <b>Wick Rm</b> 2:00 Chinese New Year Art Corner – <b>Wick Rm</b> 3:30 One to One Time	<b>Chinese New Year</b> 9:00 - 12:00 Fitness Center with Lila 10:30 What’s your Zodiac – <b>Wick Rm</b> 11:00 Chinese New Year Puzzles – <b>Wick Rm</b> 12:00 Chinese New Year’s Luncheon - <b>RDR</b> 2:00 Scenic Ride & Hot Cocoa – <b>Wag Ent</b> 2:00 Afternoon Movie: <i>Tigertail</i> : Netflix – <b>Wick Rm</b>	9:00 - 12:00 Fitness Center with Lila 10:30 Baking Hearts – <b>Wick Rm</b> 2:00 Trivia & Hot Chocolate – <b>Wick Rm</b> 2:00 Mahjong – <b>L3</b> 3:30 One to One Time & Library Visits	9:00 - 12:00 Fitness Center with Lila 10:30 Chair Zumba – <b>CR</b> 10:30 Stretching & ROM – <b>Wick Rm</b> 11:00 Name that Tune – <b>Wick Rm</b> 2:00 Dear Abby’s Topics for Today – <b>Wick Rm</b> 2:30 One to One Time with Norma 3:30 Social & Sweet Treats – <b>Wick Rm</b>	