


# Your Path to Recovery


The therapists working in the Noble Horizons Rehabilitation Department work at the highest level of clinical care and compassion to provide occupational, physical and speech therapy for both inpatients and outpatients. Every one of our patients is served with an individualized treatment plan according to their specific needs and goals per doctor referral. As a team, our therapists work hand-in-hand with the doctors and individuals to improve movement and mobility, reduce pain, and restore the highest possible quality of life.



 **Call Angelia Greene, Rehab Director**

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Monday through Friday

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*A non-profit organization*

# Rehabilitation



## *Outpatient and Short-Term Inpatient Services*

Enjoy a healthy and comprehensive recovery in a relaxing environment



### *Welcome to eXtend*

#### *The Outpatient Rehab Center at Noble*

The cornerstone of our philosophy is consistency. At eXtend, a team of therapists treats patients throughout the recuperation period with the goal of transitioning to the prior level of function. Noble's highly experienced physical, occupational, and speech therapists work with various diagnoses in close consultation with the patient's physician. Our staff specializes in providing individualized care for patients with orthopedic, neurological, cognitive, eating, and swallowing needs. Patients anticipating elective surgery are encouraged to begin pre-operative treatment to achieve easier and quicker post-op recuperation.

In addition to more traditional forms of therapy, Noble's staff are experts in advanced clinical practice (ACP) techniques that can effectively treat such conditions as incontinence, chronic pain, weakness, decreased sensation, and other symptoms related to neuropathy, diabetes, or fibromyalgia. Their goal is for each of their patients to gain and maintain the highest possible level of functioning.



### *eXtend Highlights*

We evaluate and treat a wide array of dysfunction:

- o Swallowing disorders
- o Degenerative condition
- o Acute ligament/muscle strains
- o Chronic and acute pain
- o Bursitis and tendonitis
- o Arthritic joints and related problems
- o Pre- and post-surgical care
- o Sports injuries
- o Parkinson's and other neurological conditions
- o Stroke and brain injury recovery
- o Fine motor and occupational over-use
- o Speech and voice disorders

Medicare and many other insurances are accepted.

Flexible appointment days and times are available, please call 860 435-9851 x163 for more information.



Everyone deserves a recovery with comfort, kindness, expertise, and amenities that enhance healing. **Short-term rehabilitation** at Noble Horizons is designed to make the transition from hospital to home as pleasant as possible. As a result, Noble Horizons is one of the area's top choices for rehabilitation and recovery.

The key to recovery is 24-hour nursing care and regular physical, occupational, and speech therapy sessions, which help short-term rehabilitation residents regain strength, balance, and flexibility so that they may resume their regular routines as soon as possible.

Decorated private rooms filled with natural light and soothing pastoral views are equipped with a half-bath, lift recliner chair, flat screen television, Wi-Fi internet access, generous storage space for personal belongings, and a telephone. Delicious meals are served in each room; guests are always welcome to join. Of course, rehab residents can enjoy all of Noble's amenities, including the classes, concerts, art exhibits and community programs for which Noble is so well-known.