

August 2019

Whitridge

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 9:30 Morning Stretch - Wick Rm 10:00 Reminiscence - Wick 1:30 Resident Council Meeting - Chapel 3:00 Enchanted Garden Project - Wick Rm	2 9:30- Morning Stretch - Wick Rm 10:00 Enchanted Garden Project - Wick Rm 2:00 Poetry w/Cindy - Sun Room 7:00 Movie Channel 918	3 10:00 Exercise Channel 918 10:30 Outdoors w/Danielle – WDR Patio 2:00 Nature Program Apple TV 3:00 Music Station 4:30 Netflix Movie
4 10:00 Puzzle Group - WDR 2:00 Movie: Resident’s Choice – CLR 6:00 Michael Brown Concert by the Pond 7:00 Movie Channel 918	5 10:30 Interactive Drum Circle – WDR 2:30 Moving Art Netflix 3:30 Music Station Apple TV	6 10:00 Memorial Service for our beloved “Toby” - Chapel 11:15 Shuffleboard w/Josh - WDR 3:30 Art Workshop - WDR	7 10:00 Communion Service 11:00 Episcopal Communion w/Heidi Truax 1:30 Pontoon Boat Ride and trip to Fudgy’s 3:00 Poetry	8 10:15 Ball Toss – WDR 11:00 EZ Does It Trivia – WDR Patio 2:15 Roger Hart - CR 3:00 One to One Time w/Cindy	9 10:15 Pool Noodle Tennis – WDR 11:00 Fun Facts – WDR Patio 2:00 Golf Cart Rides 3:15 Ice cream Social - WDR 7:00 Movie Channel 918	10 10:00 Exercise Channel 918 10:30 Word Game - Wick Rm 2:00 Nature Program Apple TV 3:00 Music Station 4:30 Netflix Movie
11 10:00 Card Games - WDR 2:00 Trivia Channel 918 7:00 Movie Channel 918	12 10:30 Interactive Music w/Sandy and Sandy - WDR 2:30 Music and Hand Massage – Sun Room 3:30 Music & Memory	13 10:15 Exploring Spirituality – Sun Room 11:00 Golf Cart Rides 2:00 Moving Art Netflix 3:00 Jeopardy - WDR	14 10:00 Catholic Mass 11:00 Ecumenical Service w/John Nelson 3:30 Karaoke w/Danielle and Cindy - WDR	15 10:15 Ball Toss – WDR 10:45 Favorite Things Collage – WDR 3:00 Afternoon Social & Word Game - WDR	16 10:15 Yoga Kickball – WDR 10:45 Word Games – WDR Patio 2:00 Poetry w/Cindy – Sun Rm 3:00 Trivia Tournament - WDR 7:00 Movie Channel 918	17 10:00 Exercise Channel 918 2:00 Nature Program Apple TV 3:00 Music Station 4:30 Netflix Movie
18 10:00 Puzzle Group – WDR 2:00 Nature Program - Netflix 7:00 Movie Channel 918	19 10:30 Interactive Music w Ryc Ward – WDR 2:30 Music and Hand Massage – Sun Room 3:30 Music & Memory	20 10:15 Exploring Spirituality – Sun Room 11:30 Picnic At Grove - Wag Ent 2:00 Nature Program Netflix 3:30 Art Workshop - WAR	21 10:00 Communion Service 11:00 Congregational Service w/Alexis Dorf 12:00 Men’s BBQ - Clubhouse 3:00 Art Corner - WAR	22 10:30 Interactive Music w/Patrick - WDR 2:00 Carnival Day Fund Raising for the Alzheimer’s Walk	23 10:15 Parachute Balloon Bounce – WDR 10:45 Junk Drawer Detectives – WDR Patio 3:00 Afternoon Social - WDR 7:00 Movie Channel 918	24 10:00 Exercise Channel 918 10:30 Chats w/Volunteer Cindy-WDR 2:00 Nature Program Apple TV 3:00 Music Station 4:30 Netflix Movie
25 10:00 Independent Coloring - WDR 2:00 Moving Art - Netflix 7:00 Movie Channel 918	26 10:30 Interactive Music w Peter Poirier-WDR 2:00 Golf Cart Rides 3:30 Netflix Movie	27 10:15 Exploring Spirituality – Sun Room 2:30 Birthday Party w/Jessie Luke - CR	28 10:00 Communion Service 11:00 Episcopal Communion w/Lance Beizer 1:30 Amenia Plaza Shopping & Fudgy’s 3:00 Music and Hand Massage – Sun Rm	29 10:15 Ball Toss – WDR 10:45 Bulletin Board Decorating 2:00 Let’s Tell a Story – Sun Rm 4:00 Vintage Car Parade - Wag Ent	30 10:15 Yoga Kickball 11:00 Golf Cart Rides 3:00 Afternoon Social - WDR 7:00 Movie Channel 918	31 10:00 Exercise Channel 918 10:30 EZ Does It Trivia on the Patio 2:00 Nature Program Apple TV 3:00 Music Station 4:30 Netflix Movie