

# October 2019

# Whitridge

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 10:15 Exploring Spirituality with Eileen – Sun Room 10:30 Range of Motion with Cindy 2:00 Short Stories with Volunteer Cindy – Sun Room 2:00 Music and Memory – Snoozelen 3:00 Golf Cart Rides	2 10:00 Communion Service - Chapel 11:00 Episcopal Service - Chapel 2:00 Scare Crow Decorating – Whit Act Rm 3:30 Ice Cream Social – WDR	3 10:30 Interactive Music Program with Patrick Surdam – Whit DR 1:30 Resident Council Meeting - Chapel 2:00 Favorite Things Collage Making – Whit Act Rm 5:30 National Geographic Channel 918	4 10:30 Pool Noodle Tennis – WDR 11:00 Candy Land Reinvented - WDR 2:00 "Bird Songs" – Whit Act Rm 3:00 Fall Discussion – Whit Act Rm 4:00 Sensory Stim with Bubbles - WDR 7:00 Movie - Channel 918	5 10:15 Ball Toss -WDR 10:00 One to One Outdoors with Cindy 10:45 Autumn Social – WDR Patio 2:30 Coloring with CNA 4:00 History Program Channel 918 6:00 The Joy of Painting with Bob Ross
6 10:00 Puzzles - WDR 11:00 Moving Art Netflix 2:00 Solid Gold Oldies Music Channel - WDR 4:00 Movie - Channel 918 7:00 Guided Imagery – Channel 918	7 10:30 Interactive Music Program with Shawn Taylor – WDR 2:00 Shuffleboard with Josh/CNA - WDR 3:30 Pumpkin Toss – Whit Act Rm	8 10:15 Exploring Spirituality with Eileen – Sun Room 10:30 Range of Motion with Cindy 2:00 Netflix Nature Documentary - WDR 3:00 Golf Cart Rides	9 10:00 Catholic Mass - Chapel 11:00 Congregational Service - Chapel 12:00 Centennial Luncheon by Invitation – Clubhouse 2:00 Scare Crow Decorating – Whit Act Rm 3:15 Cider Donut Social - WDR	10 10:15 Ball Toss – WDR 11:00 Fall Discussion - WDR 2:00 One to One time with Cindy for Outdoor Enjoyment 3:00 "Spot the Dot" Game - WDR 5:00 Cocktails 5:30 Dinner with Entertainer Jesse Luke - CR	11 10:15 Yoga Kickball – WDR 11:00 Junk Drawer Detectives - WDR 2:00 Straw Hat Decorating – Whit Act Rm 3:30 Root Beer Float Social – Whit DR 7:00 Movie - Channel 918	12 10:00 Exercise Channel 918 10:00 - 2:00 Energy Efficient Lighting Sale – L3 2:30 Coloring with CNA 4:00 History Program Channel 918 6:00 The Joy of Painting with Bob Ross
13 10:15 Puzzles – WDR 10:30 Unitarians Meeting-CLR 11:00 Moving Art Netflix 2:00 Hymn Sing Hosted by Gerald Wolfe - Channel 918 4:00 Movie - Channel 918 7:00 Night Time Meditation – Channel 918	14 <b>Columbus Day</b> 10:30 Interactive Music Program with Mary Manetti – WDR 2:00 Pumpkin Painting – Whit Act Rm 4:00 Netflix Halloween Movie - WDR	15 10:15 Exploring Spirituality with Eileen – Sun Room 10:30 Range of Motion with Cindy 2:00 Sheffield Singers - Chapel 3:00 Apple Cider Social - WDR	16 10:00 Communion Service - Chapel 11:00 Ecumenical Service - Chapel 12:00 Men's Luncheon - Clubhouse 2:00 Watercolor Pumpkins – Whit Act Rm 3:00 Flower Arranging – Whit Act Rm	17 10:30 Aging with Art and Soul – Whit Act Rm 2:00 Drum Circle - WDR 3:00 Spooky Sensory Stim – WDR 4:00 Netflix Documentary - WDR 5:30 National Geographic Channel 918	18 10:15 Bowling – WDR 11:00 Puzzles – WDR 2:00 Craft Workshop – Whit Act Rm 4:00 Art Exhibit Opening: Karl Saliter's <i>Earthbound Buddha</i> 7:00 Movie - Channel 918	19 10:00 Exercise Channel 918 10:30 Weekend Update – Wick Rm 2:30 Coloring with CNA 4:00 History Program Channel 918 6:00 The Joy of Painting with Bob Ross

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<p>20</p> <p>10:15 Puzzles - WDR 11:00 Moving Art Netflix 2:00 Solid Gold Oldies Music Channel - WDR 4:00 Vespers Featuring a Different Denomination Monthly - Chapel 4:00 Movie - Channel 918 7:00 Guided Imagery - Channel 918</p>	<p>21</p> <p>10:30 Interactive Music Program with Doug Schmolze - WDR 2:00 Bingo with Josh/CNA - WDR 3:00 Milk Shake Social - WDR</p>	<p>22</p> <p>10:15 Exploring Spirituality with Eileen - Sun Room 10:30 ROM with Cindy 2:00 Poetry with Volunteer Cindy - Sun Room 2:00 Scenic Ride 3:00 Bird Watching Program Channel 918</p>	<p>23</p> <p>10:00 Communion Service - Chapel 11:00 Episcopal Service - Chapel 1:00 - 2:00 Registration and Applications for Absentee Ballot for Municipal Vote - Library <b>Cindy Off</b></p>	<p>24</p> <p>10:15 Pool Noodle Tennis with CNA - WDR 11:00 Beach Sensory Stim with Kinetic Sand - WDR 2:45 Roger Hart Slide Show - Legends of New England - CR 4:00 Nature Program Netflix</p>	<p>25</p> <p>10:30 Ball Toss with CNA -Whit DR 11:15 Puzzles &amp; Word Search with CNA - Whit DR 2:00 Short Stories with Volunteer Cindy - Sun Room 3:30 Nature Documentary - WDR</p>	<p>26</p> <p>10:00 Exercise Channel 918 11:00 Charles Bell Tour the U.S. - L3 1:00 - 4:00 Spooky Family Fun Day - CR 2:30 Coloring with CNA 4:00 History Program Channel 918 6:00 The Joy of Painting with Bob Ross</p>
<p>27</p> <p>10:15 Puzzles - WDR 11:00 Moving Art Netflix 2:00 Music Channel Sounds of the Seasons - WDR 4:00 Movie - Channel 918 7:00 Night Time Meditation - Channel 918</p>	<p>28</p> <p>10:30 Interactive Music Program with Patrick Surdam - WDR 2:00 Bowling with Josh/CNA - WDR 3:00 Halloween Remising - WDR <b>Cindy Off</b></p>	<p>29</p> <p>10:15 Exploring Spirituality with Eileen - Sun Room 10:30 Range of Motion with Cindy 2:00 Netflix Halloween Movie 4:00 Nature Program Netflix</p>	<p>30</p> <p>10:00 Communion Service - Chapel 1:00 - 2:00 Absentee Ballots for Municipal Vote - Library 2:00 All Hallows' Eve Party - Whit Act Rm</p>	<p>31</p> <p><b>Halloween</b> 10:15 Yoga Kickball - WDR 11:00 Roll a Frankenstein Game - WDR 2:30 Halloween Costume Party - CR</p>		

