

October 2019

Activity Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 9:30 Morning Stretch w/Danielle – Wick Rm 9:45 Shopping at Marshalls and Lunch at Koi – Wag Ent 10:00 Harvesting Herbs - Wick Rm 10:00 Chair Zumba – CR 11:15 Spiritual Nourishment Luncheon with Eileen – Private DR 2:00 Craft Corner with Rec - Wick Rm	2 10:00 Communion Service – Chapel 10:30 Room Visits with Danielle 10:30 Tia Chi – CR 11:00 Episcopal Service with Heidi Truax - Chapel 1:00 Room to Room Chats with JoAnna 2:00 Scarecrow Project with Hotchkiss Students – CR 2:00 Book Club with Joan - CLR	3 9:30 Morning Stretch – Wick Rm 10:30 Balance Class – CR 10:30 Interactive Music Program with Patrick Surdam – Whit DR 1:30 Resident Council Meeting – Chapel 3:00 Trivia Tournament - CR 5:30 National Geographic Channel 918	4 9:30 Morning Stretch – Wick Rm 10:00 Dear JoAnna - Wick Rm 10:30 Chair Zumba – CR 10:30 Greenhouse Maintenance 3:00 Card Games - Wick Rm 7:00 Movie - Channel 918	5 10:00 Outdoors with Cindy - WDR 2:00 Bingo - CR Followed by Wine Social - Clubhouse 4:00 History Program Channel 918 6:00 The Joy of Painting with Bob Ross
6 10:00 Independent Jigsaw Puzzle - Wag Act Rm 2:00 Music Appreciation - CLR 4:00 Movie - Channel 918 7:00 Guided Imagery – Channel 918	7 9:30 Morning Stretch – Wick Rm 10:30 Interactive Music Program with Shawn Taylor – WDR 2:00 Bingo - CR 3:15 Vodka Collins Social - Clubhouse	8 Yom Kippur 9:30 Morning Stretch - Wick Rm 10:00 Chair Zumba – CR 11:15 Spiritual Nourishment Luncheon with Eileen – Private DR 1:30 Compassionate Listeners Group – CLR 3:00 Golf Cart Rides - see Rec Dept	9 10:00 Catholic Mass - Chapel 10:30 Tia Chi – CR 11:00 Congregational Service with John Nelson - Chapel 12:00 Centennial Luncheon by Invitation 2:00 Scarecrow Project with Hotchkiss Students - CR 2:00 Book Club with Joan - CLR	10 10:30 Balance Class – CR 11:00 Fall Discussion - WDR 1:30 Flower Arranging - Wick Rm 3:00 Greenhouse Maintenance 5:00 Cocktails 5:30 Dinner, Music, and Magic with Jesse Luke - CR	11 9:30 Morning Stretch – Wick Rm 10:15 Feel the Beat - Wick Rm 10:30 Chair Zumba – CR 3:30 Root Beer Float Social – WDR 7:00 Movie - Channel 918	12 10:00 - 2:00 Energy Efficient Lighting Sale – L3 2:00 Afternoon Movie – Channel 918 4:00 History Program Channel 918 6:00 The Joy of Painting with Bob Ross
13 10:30 Unitarians Meeting – CLR 2:00 Hymn Sing Hosted by Gerald Wolfe – Channel 918 2:00 Music Appreciation - CLR 4:00 Movie - Channel 918 7:00 Night Time Meditation – Channel 918	14 Columbus Day 9:30 Morning Stretch – Wick Rm 10:30 Interactive Music Program with Mary Manetti – WDR 2:00 Bingo - CR 3:15 Wine Social & Meet and Greet Noble's New Employees - Clubhouse	15 9:30 Morning Stretch - Wick Rm 10:00 Chair Zumba – CR 11:15 Spiritual Nourishment Luncheon with Eileen – Private DR 2:00 Sheffield Singers - Chapel 2:00 Card Club with Russ – CLR 3:15 Trivia Tournament - CR	16 10:00 Communion Service – Chapel 10:30 Tia Chi – CR 11:00 Ecumenical Service with Eileen Epperson - Chapel 12:00 Ladies' Cooking Lunch - Clubhouse 2:00 Room to Room Hand Massages 2:00 Book Club with Joan - CLR	17 9:30 Morning Stretch – Wick Room 10:30 Aging with Art and Soul – Whit Act Rm 10:30 Balance Class – CR 2:30 Monthly Birthday Party with Entertainment by Sandy & Sandy – CR 5:30 National Geographic – Channel 918	18 9:30 Mornong Stretch – Wick Room 10:00 FOT Project – Wick Room 11:45 Luncheon and Discussion on Women's Cardiac Health – CR 4:00 Art Exhibit Opening: Karl Saliter's <i>Earthbound Buddha</i> 7:00 Movie - Channel 918 Cottage Gathering	19 10:30 Word Game – Wick Room 2:00 Bingo – CR Followed by Wine Social – Clubhouse 4:00 History Program Channel 918 6:00 The Joy of Painting with Bob Ross

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>20</p> <p>10:00 Independent Card Game - Wag Act Room</p> <p>2:00 Music Appreciation - CLR</p> <p>4:00 Movie - Channel 918</p> <p>7:00 Guided Imagery - Channel 918</p>	<p>21</p> <p>9:30 Morning Stretch - Wick Rm</p> <p>10:30 Interactive Music Program with Doug Schmolze - WDR</p> <p>2:00 Bingo - CR</p> <p>3:15 Screwdriver Social - Clubhouse</p>	<p>22</p> <p>9:30 Morning Stretch - Wick Rm</p> <p>10:00 Chair Zumba - CR</p> <p>11:00 Lunch at Canaan Country Club</p> <p>11:15 Spiritual Nourishment Luncheon with Eileen - Private DR</p> <p>2:00 Card Club with Russ - CLR</p> <p>3:00 Bird Watching Program Channel 918</p>	<p>23</p> <p>10:00 Communion Service - Chapel</p> <p>10:30 Tia Chi - CR</p> <p>10:30 Room Visits with Danielle</p> <p>11:00 Ecumenical Service with Robert Frederickson - Chapel</p> <p>1:00 - 2:00 Registration and Applications for Absentee Ballot for Municipal Vote - Library</p> <p>2:00 Book Club with Joan - CLR</p>	<p>24</p> <p>9:30 Morning Stretch - Wick Rm</p> <p>10:00 Pictionary - Wick Rm</p> <p>10:30 Balance Class - CR</p> <p>1:30 Flower Arranging - Wick Rm</p> <p>2:45 Roger Hart Slide Show - Legends of New England CR</p>	<p>25</p> <p>9:30 Morning Meditation Channel 918</p> <p>10:30 Chair Zumba - CR</p> <p>2:00 Short Stories with Volunteer Cindy - Whitridge Sun Room</p> <p>3:30 Timeless Trivia The Fabulous Fifties - Channel 918</p> <p>7:00 Movie - Channel 918</p>	<p>26</p> <p>11:00 Charles Bell 10,000 Mile Run Around the U.S. - L3</p> <p>1:00 - 4:00 Spooky Family Fun Day - CR</p> <p>4:00 History Program Channel 918</p> <p>6:00 The Joy of Painting with Bob Ross</p>
<p>27</p> <p>10:00 Independent Jigsaw Puzzle-Wag</p> <p>2:00 Music Appreciation - CLR</p> <p>4:00 Christian Vespers - Chapel</p> <p>4:00 Movie - Channel 918</p> <p>7:00 Night Time Meditation - Channel 918</p>	<p>28</p> <p>9:30 Morning Stretch - Wick Rm</p> <p>10:30 Interactive Music Program with Patrick Surdam - WDR</p> <p>2:00 Bingo - CR</p> <p>3:15 Hot Rum Cider Social - Clubhouse</p>	<p>29</p> <p>9:30 Morning Stretch - Wick Rm</p> <p>10:00 Chair Zumba - CR</p> <p>10:00 FOT Project - Wick Room</p> <p>11:00 Lunch at Sophia's and Apple Cinema</p> <p>11:15 Spiritual Nourishment Luncheon with Eileen - Private DR</p> <p>2:00 Card Club with Russ - CLR</p> <p>3:15 Feel the Beat - CR</p>	<p>30</p> <p>10:00 Communion Service - Chapel</p> <p>10:30 Tia Chi - CR</p> <p>11:00 Congregational Service with Eileen Epperson - Chapel</p> <p>1:00 - 2:00 Absentee Ballots for Municipal Vote - Library</p> <p>2:00 Book Club with Joan - CLR</p> <p>3:15-Trivia Tournament - CR</p>	<p>31</p> <p>Halloween</p> <p>9:30 Morning Stretch - Wick Rm</p> <p>10:00 Face Painting - Wick Room</p> <p>10:30 Balance Class - CR</p> <p>2:30 Halloween Costume Party - CR</p> 		

