

Noble Horizons



June



2019

COMMUNITY EVENTS

14th Colony Artists Opening and Exhibit

On Friday, May 3, from 5:00-7:00 pm, Noble Horizons invites the community to an opening reception for the 14th Colony Artists annual exhibit. Founded in 2009, the 14th Colony Artists is a collective of more than 125 local artists from New York, Connecticut and Massachusetts. Its members include painters, photographers, sculptors, clay artists,

installation artists, videographers and filmmakers. The exhibit is open on weekends, 11:00 am-4:00 pm, through June 9.

Tai Chi with Mark Liebergall

Tai Chi instructor Mark Liebergall will teach a weekly Tai Chi series on Wednesdays, from 10:30 – 11:30am beginning June 4th. The ancient Chinese practice of Tai Chi combines slow, deliberate movements, meditation, and breathing exercises that can help your circulation, balance, and alignment as well as help restore your energy.

Exercise in disguise

Have fun while burning calories, improving your flexibility, coordination, and more with Chair Zumba. Certified Zumba instructor Placido Birriel will lead this class weekly on Fridays from 10:30 – 11:00am beginning June 7th. Chair Zumba incorporates movements taken from Latin dances like the merengue, salsa, and cha cha to create an exhilarating program that aims to improve overall energy, core stability, muscular strength, cardiovascular endurance, and motor skills.

Register for these free programs at www.noblehorizons.org or call 860-435-9851.

SPECIAL EVENTS AND PROGRAMS

Chair Zumba – Community Room - Every Tuesday at 10:00 & Friday at 10:30

Tai Chi – Community Room – Every Friday at 10:30

Tuesday, June 4 & 18 at 3:00pm, & Friday June 14 & 28 at 10:00am – Whitridge Activity Room – Art workshops with Margaret Buchte. Work to create pieces to display in the Resident's Art Show, displayed in the Learning Center for the month of July. The opening will be Wednesday, July 3 at 3:30pm.

Thursday, June 13 – 2:15 – Community Room – Afternoon at the Movies followed by **5:00** – cocktails and **5:30** – dinner.

Flag Day

Friday, June 14 – 2:00 – Whitridge Patio – Fun Flag Facts

Friday, June 14 – 3:30 – Community Room - Trivia Tournament

Father's Day

Sunday, June 16 – 12:00 – Riga Dining Room – Father's Day Barbeque.

The Longest Day in honor of Alzheimer's Awareness

Friday, June 21 – 10:00 – The Learning Center (L3) – Debby from the Country Quilt Llama Farm will be visiting with a Llama.

Friday, June 21 – 12:00 – Riga Dining Room Patio – Start the summer off with a BBQ celebration with entertainment by Peter Poirier. Cottagers and guests please sign up and make payment with Wagner Reception.

Friday, June 21 – 3:00 – Community Room – Circle of Love with the Recreation team.

Friday, June 21 – Channel 918 – 7:00 – Movie: *Still Alice*

MUSICAL PROGRAMS

Monday, June 3 – 10:30 – Whitridge Dining Room - Interactive music with Shawn Taylor.

Thursday, June 6 – 10:30 - Whitridge Dining Room - Interactive music with Doug Schmolze.

Sunday, June 9 – 3:00 – Community Room – Student Piano Recital.

Monday, June 10 – 10:30 – Whitridge Dining Room - Drum Circle with Recreation.

Tuesday, June 11 – 2:00 – Community Room – Monthly Birthday party with musical entertainment by Bob Semanchik.

Thursday, June 13 – 10:30 - Whitridge Dining Room – Sing Along

with the Recreation Team.

Monday, June 17– 10:30 – Whitridge Dining Room - Interactive music with Sandy & Sandy.

Thursday, June 20 – 10:30 - Whitridge Dining Room - Interactive music with Mary Menatti.

Monday, June 24 – 10:30 – Whitridge Dining Room - Interactive music with Michael Brown.

Thursday, June 27 – 10:30 - Whitridge Dining Room - Interactive music with Doug Schmolze.

COTTAGE RESIDENTS

Friday, June 21 – 4:00 to 6:00 – Clubhouse – Cottagers come join the monthly Cottage Gathering, a chance for old and new friends to get together.

All out trips leave from the Wagner Entrance unless otherwise stated. Please sign up in the white binder in the Wagner Reception Lobby.

COBBLE /COTTAGE OUT TRIP

Tuesday, June 18 – 11:30 - Hopkins Vineyard & Lunch at the Hopkins Inn.

COBBLE /COTTAGE OUT TRIPS & WAGNER/RIGA OUT TRIPS

Tuesday, June 4 – 11:15 – Lunch at Koi.

Thursday, June 20 – 2:00 – Scenic Ride and Fudgy's for ice cream.

Wednesday, June 26 – 1:30 – Pontoon Boat Ride at Lakeville Lake.

Thursday, June 27 – 1:15 - Sharon Playhouse "Crazy for You".

WHITRIDGE OUT TRIP

Thursday, June 20 – 2:00 – Scenic Ride and Fudgy's for ice cream.