


December 2019

Whitridge

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 11:00 Moving Art Netflix – WDR 2:00 Puzzles with CNA - WDR 3:30 Music Channel Sounds of the Seasons – WDR 4:00 Movie- Channel 918 7:00 Guided Imagery Channel 918	2 10:30 Interactive Music Program with Thomas Hanford – WDR 2:00 Music & Memory – Snoozelen 2:30 Junk Drawer Detectives - WDR 4:00 National Geographic – Channel 918	3 10:15 Exploring Spirituality with Eileen – Sun Room 11:00 ROM with Cindy - WDR 2:00 Music and Memory – Snoozelen 2:30 Poetry with Cindy – Sun Room	4 10:00 Communion Service – Chapel 11:00 Episcopal Service with Heidi Truax - Chapel 2:15 Ornament Decorating Workshop – WDR 3:30 Music & Sensory Stim - WDR	5 10:30 Yoga Kickball - WDR 11:00 Word Search - WDR 1:30 Wag/Riga/Whit Resident Council Meeting – Chapel 2:00 Spinner Painting – WDR 3:00 Indoor Garden Maintenance – Sun Room	6 10:00 Salisbury Central School Christmas Concert - Chapel 2:00 One to One Music & Relaxation – Sun Room 3:00 Milk Shake Social – WDR 3:00 Holdiday Movie Channel 918 7:00 Movie Channel 918	7 10:00 Exercise Channel 918 11:00 Classic Television Program - WDR 4:00 History Program Channel 918 6:00 Virtual Destinations Channel 918
8 11:00 Moving Art Netflix – WDR 2:00 Coloring with CNA - WDR 4:00 Music Channel Solid Gold Oldies – Wick Rm 4:00 Movie – Channel 918 7:00 Guided Imagery Channel 918	9 10:30 Interactive Music Program with Peter Poirier – WDR 2:00 Music & Memory – Snoozelen 3:00 Christmas Movie - WDR	10 10:15 Exploring Spirituality with Eileen – Sun Room 10:30 Pie Baking – Whitridge Act Rm 2:00 Sheffield Singers - Chapel 3:30 Pie Social - WDR	11 10:00 Catholic Mass – Chapel 11:00 Congregational Service with John Nelson - Chapel 2:15 Slide Show with Roger Hart – CR 3:30 Netflix Nature Documentary - WDR	12 10:30 Pool Noodle Tennis – WDR 11:00 Puzzles – WDR 2:00 Monthly Birthday Party with Mary Manetti - CR 3:30 Christmas Wreath Craft - WDR	13 10:15 Yoga Kickball – WDR 11:00 Junk Drawer Detectives - WDR 2:00 Ornament Decorating Workshop - WDR 3:00 One to One Music & Relaxation – Sun Room 7:00 Movie – Channel 918	14 10:00 Exercise Channel 918 10:30 Ball Toss with CNA - WDR 2:00 Christmas Brass and Hot Chocolate Society - CR 4:00 History Program Channel 918 6:00 Virtual Destinations Channel 918
15 11:00 Puzzles with CNA - WDR 2:00 Classic Television Program – WDR 4:00 Movie – Channel 918 7:00 Guided Imagery Channel 918	16 10:30 Christmas Carol Sing Along with Rec Team – WDR 2:00 Winter Discussion & Mural – WDR 3:30 Christmas Movie - WDR	17 10:15 Exploring Spirituality with Eileen – Sun Room 11:00 ROM with Cindy - WDR 2:00 One to One Music & Relaxation – Sun Room 3:00 Craft Workshop - WDR	18 10:00 Communion Service - Chapel 11:00 Ecumenical Service with Congregational Deacons - Chapel 2:30 Wine Cork Christmas Trees – WDR 3:00 Root Beer Float Social – WDR 3:30 Holiday Movie - WDR	19 10:30 Aging with Art and Soul – Whit Act Rm 2:00 Music & Memory – Snoozelen 2:15 Board Game – Sun Room 3:15 Short Stories – Sun Room	20 10:15 Bowling – WDR 11:00 Finish the Drawing - WDR 2:30 - 4:30 Holiday Cheer Party – Club House 4:30 Netflix Nature Documentary – WDR 7:00 Movie – Channel 918	21 10:00 Exercise Channel 918 11:00 Netflix Nature Documentary - WDR 4:00 History Program Channel 918 6:00 Virtual Destinations Channel 918

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>22</p> <p>Happy Hanukah</p> <p>First Day of Winter</p> <p>11:00 Music Channel Sounds of the Seasons – WDR 2:00 Coloring with CNA – WDR 4:00 Movie – Channel 918 4:00 Mindful Vespers - Chapel 7:00 Guided Imagery Channel 918</p>	<p>23</p> <p>10:30 Whitridge Christmas Party with Family - WDR 2:30 Shuffleboard - WDR 3:30 Christmas Music Sing Along - WDR</p>	<p>24</p> <p>10:30 Interactive Music Program with Wayne Curtis - WDR 11:00 Ball Toss – WDR 2:00 One to One Music & Relaxation – Sun Room 3:00 Christmas Carol Sing Along - WDR</p>	<p>25</p> <p><i>Merry Christmas</i></p>  <p>3:30 Andre Rieu <i>Home for the Holidays</i> Channel 918 6:00 Miracle on 34th Street Channel 918</p>	<p>26</p> <p>10:15 Parachute - WDR 11:00 Trivia – WDR 2:00 Cookie Baking – Whit Act Rm 3:00 Cookie Decorating & Social – WDR</p>	<p>27</p> <p>10:30 Ball Toss - WDR 11:00 Board Game – WDR 11:30 Remembering the Wonders of Winter - WDR 2:00 Music & Memory - Snoozelen 2:30 Netflix Movie – WDR 7:00 Movie Channel 918</p>	<p>28</p> <p>10:00 Exercise Channel 918 11:00 Classic Television Program - WDR 4:00 History Program Channel 918 6:00 Virtual Destinations Channel 918</p>
<p>29</p> <p>11:00 Moving Art Netflix – WDR 4:00 Movie – Channel 918 7:00 Guided Imagery Channel 918</p>	<p>30</p> <p>10:30 Drum Circle with Rec Team - WDR 2:00 New Year's Resolution Discussion – WDR 3:00 Hot Chocolate Social – WDR 3:30 Christmas Movie - WDR</p>	<p>31</p> <p>10:15 Exploring Sprituality with Eileen – Sun Room 11:00 ROM with Cindy - WDR 3:00 New Year's Eve Party with Entertainment by Sentimental Journey - CR</p>				


Seasons Greetings