

March 2020

Activity Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 10:00 Independent Games - Wag Act Rm 2:00 Indoor Croquette – CR 2:00 International Children’s Peace Prize Recipient Abraham Keita Speaks – L3 2:00 Cobble Afternoon Movie Channel 918 7:00 Movie Channel 918	2 9:30 Morning Stretch - Wick Rm 10:30 Interactive Music with Joel Blumert - WDR 2:00 Bingo – CR 3:15 Peppermint Patty Social with Pianist Jim North - Clubhouse	3 9:30 Morning Stretch - Wick Rm 10:00 Chair Zumba– CR 10:15 Card Games - Wick Rm 1:30 Mindfulness Practice w/Eileen-CLR 2:00 Art Workshop With Margaret Buchte - CR 3:15 Hot Cocoa and Cookie Cart Rm to Rm 5:30 State Rep. Maria Horn Speaks - CR	4 9:30 Morning Stretch - Wick Rm 10:00 One to One Visits 10:00 Tai Chi - CR 11:00 Episcopal Service with Heidi Truax- Chapel 2:00 Pictionary with Hotchkiss Students – CR 4:00 Gratitude Journaling – CR 5:00 Strolling with Peter Poirer 5:30 Dining Music with Peter Poirier - Riga DR	5 9:30 Morning Stretch - Wick Rm 10:15 Sequence Game - Wick Rm 11:30 Cooking Lunch - Wickman Rm 1:30 Wagner/Riga /Whitridge Resident Council Meeting – Chapel 3:15 Trivia Tournament - CR	6 9:30 Morning Stretch – Wick Rm 10:00 Greenhouse Maintenance - Riga GH 10:15 Cribbage Game - Wick Rm 11:00 Lunch at McDonalds and Scenic Ride 1:30 One to One Visits 2:00 Afternoon at the Movies - Mrs. Lambert Remembers Love - CR 7:00 Movie Channel 918	7 10:00 Exercise Channel 918 2:00 Bingo - CR Followed by Wine Social - Clubhouse 4:00 History Program Channel 918 6:00 Virtual Destinations Channel 918
8 Daylight Saving Time Begins 10:00 Independent Games - Wag Act Rm 10:30 Unitarians Meeting – CLR 2:00 Indoor Croquette – CR 2:00 Cobble Afternoon Movie Channel 918 7:00 Movie Channel 918	9 9:30 Morning Stretch - Wick Rm 10:30 Hymn Sing with Deirdre - Chapel 2:00 Bingo - CR 3:15 Irish Mist Social with Pianist Jim North - Clubhouse	10 9:30 Morning Stretch - Wick Rm 10:00 Chair Zumba– CR 10:15 Tell Me About Yourself - Wick Rm 11:00 Lunch at Sophia’s and Afternoon Matinee 2:00 Sheffield Singers - Chapel 3:15 Room to Room Activity Cart	11 9:30 Morning Stretch - Wick Rm 10:00 One to One Visits 10:00 Catholic Mass - Chapel 10:30 Tai Chi - CR 11:00 Congregational Service with John Nelson – Chapel 1:30 Afternoon Meditation - CLR 3:00 Compassionate Listeners - CLR	12 9:30 Morning Stretch - Wick Rm 11:00 Walking Art Tour with Rec - Wick Rm 1:15 Shopping in Torrington 2:00 Art Interpretation and Discussion - CLR 3:00 Meet Our Employee Joe Thibodeau - CLR	13 9:30 Morning Stretch - Wick Rm 10:00 Greenhouse Maintenance - Riga GH 10:15 Flower Arranging - Wick Rm 1:15 Trip to Scoville Library 1:30 One to One Visits 2:30 Birthday Party with Irish Entertainment by Trevor Anthony - CR 7:00 Movie Channel 918	14 10:00 Exercise Channel 918 10:30 Word Games - Wick Rm 2:00 Bingo - CR Followed by Wine Social - Clubhouse 4:00 History Program Channel 918 6:00 Virtual Destinations Channel 918
15 10:00 Independent Games - Wag Act Rm 2:00 Indoor Croquette – CR 2:00 Cobble Afternoon Movie Channel 918 7:00 Movie Channel 918	16 9:30 Morning Stretch - Wick Rm 10:30 Interactive Music with Wayne Curtis - WDR 2:00 Bingo - CR 3:15 Screwdriver Social with Pianist Jim North - Clubhouse	17 St. Patrick’s Day 9:30 Morning Stretch - Wick Rm 10:00 Chair Zumba - L3 10:15 Irish Facts - Wick Rm 12:00 St. Patrick’s Day Celebration with Entertainment by The David Payton Band - CR 1:30 The Irish at prayer with Eileen – CLR 3:15 Shamrock Shake Social and Shamrock Contest – Wick Rm	18 9:30 Morning Stretch - Wick Rm 10:00 One to One Visits 10:00 Communion Service - Chapel 10:30 Tai Chi - CR 11:00 Ecumenical Service with Deacons - Chapel 1:30 Mindful Movement - CLR 3:00 Cobble Resident Council Meeting – CLR	19 9:30 Exercise - Channel 918 10:30 Aging with Art and Soul Workshop - WDR 2:00 Dear JoAnna – Wick Rm 5:00 Cocktails 5:30 Dinner and Entertainment with Latin Dancer Laura Knoepler - CR	20 9:30 Morning Stretch - Wick Rm 10:00 Greenhouse Maintenance - Riga GH 10:15 Shuffleboard - Wick Rm 1:30 Memory Loss Support Group - Priv DR 1:30 One to One Visits 3:00 Cream de Mint Sundae Social with Hot Topic Discussion - Wick Rm 7:00 Movie Channel 918	21 10:00 Exercise Channel 918 10:30 Word Games Wick Rm 2:00 Bingo - CR Followed by Wine Social - Clubhouse 4:00 History Program Channel 918 6:00 Virtual Destinations Channel 918

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
22	23	24	25	26	27	28
10:00 Independent Games - Wag Act Rm 2:00 Indoor Croquette – CR 2:00 Cobble Afternoon Movie Channel 918 7:00 Movie Channel 918	9:30 Morning Stretch - Wick Rm 10:00 1:1 Visits with JoAnna 10:30 Karaoke with Rec Team - WDR 2:00 Bingo 3:15 Nutty Irishman Social with Pianist Jim North - Clubhouse	9:30 Morning Stretch - Wick Rm 10:00 Chair Zumba– CR 10:15 Reminiscence - Wick Rm 1:30 Sharing our Spiritual Journeys Part 1 with Eileen - CLR 2:00 Art Workshop With Margaret Buchte - CR 3:15 Hot Cocoa and Cookie Cart Room to Room	9:00 – 12:00 HVRHS Volunteer Group 10:00 Communion Service – Chapel 10:30 Tai Chi - CR 11:00 Episcopal service with Chris Christopherson - Chapel 1:30 Afternoon Meditation – CLR 3:15 Trivia Tournament - CR	9:30 Morning Stretch with Cindy - Wick Rm 10:00 Tasting Demo at Six Spoons Chocolatier and Lunch New Harford Diner 10:30 Baking with Cindy - Wick Rm 2:00 Creative Writing with Danielle - Wick Rm 3:30 Polishing Nails – Wick Rm	9:30 Morning Stretch - Wick Rm 10:00 Greenhouse Maintenance - Riga GH 10:15 Flower Arranging - Wick Rm 1:30 Coffee, Pastries and Shopping at Blue Hill Flower Shop 3:30 One to One Visits 4:00 Book Club with Hotchkiss Student Emily - CLR 4:00 14 th Colony Artists Opening and Exhibit – L3 7:00 Movie Channel 918	10:00 Exercise Channel 918 11:00 Master Macarons! – CR 2:00 Bingo - CR Followed by Wine Social - Clubhouse 4:00 History Program Channel 918 6:00 Virtual Destinations Channel 918
29	30	31				
10:00 Independent Games - Wag Act Rm 2:00 Indoor Croquette – CR 2:00 Cobble Afternoon Movie Channel 918 4:00 Vespers - Chapel 7:00 Movie Channel 918	9:30 Morning Stretch – Wick Rm 10:30 Interactive Music With Peter Poirer - WDR 2:00 Bingo – CR 3:15 Manhattan Social with Pianist Jim North-Clubhouse	9:30 Morning Stretch - Wick Rm 10:00 Chair Zumba - CR 10:15 Shopping at Ocean State and Lunch at AJ's 1:30 Sharing our Spiritual Journeys Part 2 with Eileen - CLR 3:15 Room to Room Activity Cart				

CR – Community Room

CLR – Cobble Living Room

L3 – Learning Center

Riga GH – Riga Green House

Wag Act Rm – Wagner Activity Room

WDR – Whitridge Dining Room

Wick Rm – Wickman Room

Independent Shopping Trips

Tuesday - Salisbury

Wednesday - Millerton

Thursday – Great Barrington

Friday - Canaan

Sign up in White Binder in the Mailroom